WOODLEA ROAD LEYLAND PR25 1JL



Our PE Curriculum

"Do you know what my favourite part of the game is? The opportunity to play."

Mike Singletary

Intent

At St Andrew's our aim is to plan for a Physical Education curriculum that engages, excites and motivates our children whilst preparing them for today and tomorrow. We have designed a PE curriculum that reflects the needs of our children and:

- Is progressive in skills and knowledge
- Builds on children's prior knowledge
- Teaches a wide range of skills and provides opportunities to embed these
- Promotes diversity and inclusion
- Develops children's physical literacy and character education
- Develops healthy life-long learners who make a positive contribution to their community
- Develops a love of sport and physical competence for engagement in physical activities for life

Our PE curriculum brings together the knowledge, application and understanding of a range of physical activities equipping our children to succeed in sport. Underpinning all other areas of the learning we believe that our PE curriculum equips St Andrew's children to enable them to be physically confident, supporting their overall health and fitness.

Implementation

We teach PE using a spiral approach which is interlinked with new skill development building upon previous learning. This provides our children with exciting skills to learn and interesting games and activities to embed these skills. The sports we teach our children come from the skills which they are exposed to and transfers into children's own creativity. Skills development is an integral aspect of PE topics of learning.

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PE units of work are planned to incorporate both indoor and outdoor activities which where possible link to the half termly topic. We do this because it helps children form links across topics and learning is extended and embedded. Children have opportunities to learn, acquire, develop and embed skills based upon feedback provided by the teacher. Children have opportunities to acquire skills as part of different topics for a variety of sports. This develops their knowledge, understanding and creativity.

In collaboration with PSHE and Science children develop their knowledge and understanding of health and fitness enabling them to lead healthy lifestyles.

We work with other schools within the local community, attending a range of festivals and competitions enabling the children to showcase their talents, develop character education, sportsmanship and ambition. These events provide the children with opportunities to demonstrate their skills at a purpose built sports facility.

Expression is developed through dance and gymnastics and children are given many opportunities to observe, present and perform. This includes taking part in the dance festivals with other local schools.

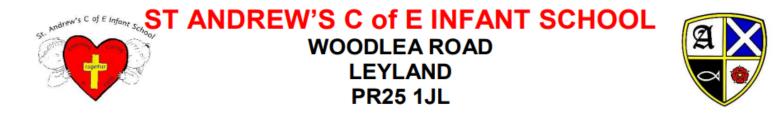
All year groups take part in active minutes during play time and lunch time each day. All children have access to a variety of equipment during these sessions to enable them to practise their skills and develop their creativity. Adult led activities are incorporated into play and lunch times providing opportunities for children to develop their team work in different scenarios and embed fundamental movement skills.

Impact

Staff identify the impact of our curriculum through a variety of ways.

These include:

- Observations
- Targeted questioning
- Feedback
- Teacher assessment against key performance indicators
- Pupil interviews
- Analysis of data



We use these strategies to review our curriculum offer, inform our strategic action planning and make adaptations where necessary.

We know our PE curriculum is effective when we see:

- Enthusiastic learners
- Physical stamina and competence
- Children who can recall skills and activate prior knowledge
- Children who make connections across topics
- Children who are creative
- Children who want to develop a healthy lifestyle
- Children who are good at working as part of a team